

## Go & Tell (20-40 minutes)

### 6. Practice

- Reread Luke 22-14 as you celebrate the Lord's Supper together. Relive the scene with Jesus and His disciples in that room the last night He was alive on earth!



Equip

### 7. Plan - With whom can I **SHARE**?

- With whom will you share your testimony and God's story?
- With whom will you share this new lesson?



Plan



Reproduce

### 8. Cast Vision

Use a story, a Bible passage, or a personal illustration to cast a compelling vision of how God wants to impact lostness in your city and beyond! Ideas can also be found on the AIM Trainers website.



Vision

Title: \_\_\_\_\_

### 9. Commissioning Prayer

Pray for one another for boldness to share!



Pray

**Extra Challenge:** (verse to memorize, Bible passages to read, topic to research)



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# 11

## YOUR NEW SACRIFICE

### New Life in Christ

3/3 Session for New Believers



**Topic:** Deny Self and Live for God

**Question:** Whose sacrifice does the Lord's Supper represent?

## Report & Celebrate (20-40 minutes)

### 1. Share & Care

Share life's journey by spending time together and communicating during the week. Talk about your joys and your struggles, and support one another in prayer.



Care

### 2. Accountability

**Following Jesus**

- How has God been challenging you from His Word?
- What has God been teaching you in your prayer life?



Report

**Fishing for Jesus**

- Has God given you opportunities to witness? If not, what opportunities did you miss? Excuses made?
- Are you discipling anyone new?
- Is anyone you're discipling, discipling someone else?



Sow

### 3. Worship

Praise God for what has just been shared. Use a song, read a Psalm, or share a testimony of answered prayer!



Worship

### Notes:

- Prepare ahead of time to celebrate the Lord's Supper with your disciples.

"Anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!" 2 Corinthians 5:17

## Hear & Obey (20-40 minutes)

### 4. New Lesson - What does the story **SAY**?

Read Luke 22:14-20.

- *Is there anything that surprises or shocks you?*
- *What do you learn about Jesus (God) in this story?*
- *Is there a command to obey in this story? What do you think it means?*



Learn

Read Matthew 16:24-25, Romans 12:1, and 1 John 3:16.

- *What does Jesus mean when He says “Do this in remembrance of Me”?*

### 5. Application - What must I **OBEY**?

- *How will my life change based on what I’m learning?*
- *What things will I do to offer myself as a living sacrifice to God?*



Correct

### Notes:

- Before reading John, explain that Jesus had this last supper just hours before he was arrested, beaten, and hung on a cross. Explain that the disciples probably had no idea what Jesus was talking about until AFTER He was crucified.
- As you discuss the last question in Section 4, help participants understand that Jesus not only wants us to partake in the Lord’s Supper as we remember the suffering He endured on our behalf, but He wants us to partake in the act of offering **ourselves** daily as a sacrifice.



Guide

### Do’s and Do Not’s

- **Do** let the Holy Spirit be the teacher.
- **Do** remember to study for obedience rather than for knowledge!
- **Don’t** dominate the conversation; encourage everyone to participate. Facilitator = 30%, Participants = 70%
- **Don’t** demand correct answers.
- **Don’t** get distracted, stay on topic.

## Remember Jesus’ Sacrifice for Us

### Luke 22:14-20

15 Jesus said, *“I have been very eager to eat this Passover meal with you before My suffering begins. 16 For I tell you now that I won’t eat this meal again until its meaning is fulfilled in the Kingdom of God.”*

17 Then He took a cup of wine and gave thanks to God for it. Then He said, *“Take this and share it among yourselves. 18 For I will not drink wine again until the Kingdom of God has come.”*

19 He took some bread and gave thanks to God for it. Then He broke it in pieces and gave it to the disciples, saying, *“This is My body, which is given for you. Do this in remembrance of Me.”*

20 After supper He took another cup of wine and said, *“This cup is the new covenant between God and His people—an agreement confirmed with My blood, which is poured out as a sacrifice for you.”*

Read Matthew 16:24-25, Romans 12:1, and 1 John 3:16.

## Follow Jesus in Sacrificial Living

### Matthew 16:24-25

24 Then Jesus said to His disciples, *“If any of you wants to be My follower, you must give up your own way, take up your cross, and follow Me. 25 If you try to hang on to your life, you will lose it. But if you give up your life for My sake, you will save it.”*

### Romans 12:1

12 And so, dear brothers and sisters, I plead with you to give your bodies to God because of all He has done for you. Let them be a living and holy sacrifice—the kind He will find acceptable. This is truly the way to worship Him.

### 1 John 3:16

16 We know what real love is because Jesus gave up His life for us. So we also ought to give up our lives for our brothers and sisters.